



# CPD in Key Child Mental Health Topics: for any professional working with vulnerable children and teenagers

## Centre for Child Mental Health

Evening Lecture Programme 2023–24 (live stream events, only £20 a ticket)

Date	Title	Speaker
Thurs 30 March 2023 5 – 6.30pm	Addressing Trauma-Based Shame in Children who Hate Themselves	Dr Margot Sunderland
Thurs 27 April 2023 5 – 6.30pm	Working with adopted children and their families	Roz Read
Thurs 4 May 2023 5 – 6.30pm	The Use of Big Empathy Drawings in Helping Traumatized Children and Young People to Heal	Dr Margot Sunderland
Thurs 11 May 2023 5 – 6.30pm	Sorting out the muddle between psychiatric diagnosis and trauma (children and teenagers)	Dr Margot Sunderland
Thurs 18 May 2023 5 – 6.30pm	Trauma informed approaches to behaviour support in schools	Julie Harmieson
Thurs 25 May 2023 5 – 6.30pm	Sensory Attachment Intervention with vulnerable children: How to enable carers to care for their vulnerable child	Éadaoin Bhreathnach
Thurs 8 June 2023 5 – 6.30pm	Why emotion coaching is vital in schools	Dr Janet Rose
Thurs 29 June 2023 5 – 6.30pm	Shut down states in children and young people. What do we need to Re-Spark?	Graham Music
Thurs 6 July 2023 5 – 6.30pm	Working with children who have experienced grief and loss	Emma Connor
Thurs 12 October 2023 5 – 6.30pm	Using storytelling and story listening as a therapeutic tool with children	Dr Margot Sunderland
Thurs 19 October 2023 5 – 6.30pm	Working with children and young people who self-harm with reference to eating disorders	Lynne Davis
Thurs 2 November 2023 5 – 6.30pm	A Mentalizing approach for excluded and risky adolescents whose help-seeking is non-conventional	Dr Dickon Bevington
Thurs 23 November 2023 5 – 6.30pm	Supporting Voice Hearers: Recovery and Discovery	Eleanor Longden
Thurs 11 January 2024 5 – 6.30pm	Addressing trauma-based shame in children who hate themselves	Dr Margot Sunderland
Thurs 18 January 2024 5 – 6.30pm	From 40 years as a Senior Child Psychotherapist, what I've learnt about how children get mentally unwell and how they heal.	Dr Jeanne Magagna
Thurs 8 February 2024 5 – 6.30pm	Engaging with nature as vital for mental health in secondary schools	Dr Coral Harper
Thurs 7 March 2024 5 – 6.30pm	Sandplay therapy: Key tools, techniques and interventions	Dr Margot Sunderland
Thurs 28 March 2024 5 – 6.30pm	How to have conversations with child survivors of domestic abuse and the facilitation of parent-child dialogues	Catherine Lawler
Thurs 4 April 2024 5 – 6.30pm	Using Polyvagal Theory to help children and young people overcome panic and anxiety	Karen Stallard

More details and bookings: [www.childmentalhealthcentre.org](http://www.childmentalhealthcentre.org)

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